Mundesley Infant and Junior School

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AIM Federation: Small schools, big opportunities

Wednesday 29th January 2025

Dear Parent/Carer

Swimming Lessons

As part of the PE curriculum pupils are required to have swimming lessons at school to enable them to learn how to swim in a safe environment. The National Curriculum states that:

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- *swim competently, confidently and proficiently over a distance of at least 25 metres*
- *use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]*
- *perform safe self-rescue in different water-based situations*

Your child will participate in swimming lessons every **Wednesday afternoon** at Victory Swimming Pool, starting from **5th March 2025 - 14th May 2025 (No swimming on Wednesday 23rd April 2025**). Transportation to the swimming pool will be provided through the school bus.

To ensure your child's active participation, please make sure they bring a swimming costume/trunks, a swimming hat (cotton or plastic), goggles (optional), and a towel. Note that swimming hats are mandatory and can be purchased via school money for £1.42.

If your child is unwell or unable to swim, please inform the office. Even if unable to participate directly, they will still attend the pool to observe and learn.

For your convenience, please complete by **Friday 14th February** : Click Here!

Thank you for your cooperation.

Sophie Bugg
Head of School MIJS