



# Coastal Together

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Instil   Understand   Learn   Become							

5th March 2024

Dear Parent/Carer

## **Swimming Lessons**

As part of the PE curriculum pupils are required to have swimming lessons at school to enable them to learn how to swim in a safe environment. The National Curriculum states that:



*All schools must provide swimming instruction either in key stage 1 or key stage 2.*

*In particular, pupils should be taught to:*

- *swim competently, confidently and proficiently over a distance of at least 25 metres*
- *use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]*
- *perform safe self-rescue in different water-based situations*

Your child will participate in swimming lessons every Friday morning at Victory Swimming Pool, starting from 22nd March 2024 - 24th May 2024. Transportation to the swimming pool will be provided through the school bus.

To ensure your child's active participation, kindly ensure they bring a swimming costume/trunks, a swimming hat (either cotton or plastic), goggles (optional), and a towel. Please note: swimming hats are compulsory and can be purchased via school money for £1.06.

If your child is unwell or unable to swim, please inform the office. Even if unable to participate directly, they will still attend the pool to observe and learn.

For your convenience, please find the link below to consent. Please complete by **Friday 8th March 2024**: [Click here to complete consent](#)

Thank you for your cooperation.

**Sophie Bugg**

Interim Head of School MIJS