



Coastal Together

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13th December 2023

Dear Parent/Carer

Swimming Lessons

As part of the PE curriculum pupils are required to have swimming lessons at school to enable them to learn how to swim in a safe environment. The National Curriculum states that:



All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- *swim competently, confidently and proficiently over a distance of at least 25 metres*
- *use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]*
- *perform safe self-rescue in different water-based situations*

Your child will participate in swimming lessons every Friday morning at Victory Swimming Pool, starting from January 19th to March 15th. Transportation to the swimming pool will be provided through the school bus.

To ensure your child's active participation, kindly ensure they bring a swimming costume/trunks, a swimming hat (either cotton or plastic), goggles (optional), and a towel. Please note: swimming hats are compulsory and can be purchased via school money for £1.06.

If your child is unwell or unable to swim, please inform the office. Even if unable to participate directly, they will still attend the pool to observe and learn.

For your convenience, please find the link to provide consent attached below by **Wednesday 20th December 2023**: [Click here - to complete the consent form](#)

Thank you for your cooperation.

Sophie Bugg

Interim Head of School MIJS